Dear Parents and Community Members,

Welcome back. It was lovely to see all the students in their school uniforms this morning, looking refreshed and enthusiastic.

School News

We welcome 4 dietetics students to our staff for the next 5 weeks, working through the UDRH. They will be working in all classes talking about nutrition and healthy lunch boxes etc. They will also be conducting an audit of our school canteen.

This morning on lines, Mr Bonsing outlined some of the sport activities that your children will be involved with this term through the school and the Active After Schools groups. Along with the organised activities in the playground, the students will have plenty of opportunities to be active and busy.

Community News

As you are probably aware, we had a couple of break ins during the holidays. Some damage has been caused, some items stolen (an LG TV, an Olympus camera and frozen food). The disruption caused at the school while we wait for police and forensic investigators to process each room, is enormous. It is also expensive when we start to repair and replace items around the school. The cleaners have had to work extra shifts to clean up the initial mess left by the thieves and then the mess left by fingerprint powder in nearly every room in the school.

This time, though, we have had a little bit of luck – blood and fingerprints have been taken as evidence, and there is a really good chance that police will be able to find the thoughtless, uncaring, nasty person or people who continually invade and damage our school. If you have any information at all, please let the police know. The sooner we catch the culprits, the sooner we can stop spending money on repairs and replacements and return to spending school money on your kids.

Mufti Day

Tomorrow, we will be holding a mufti day (gold coin donation) to raise funds for Chloe Reeves. Chloe is representing Alma and the Far West at the NSW State Cross Country Carnival being held in Sydney. The funds we raise will offset the costs of travel, accommodation, uniforms etc for Chloe. This is a fantastic achievement. Best of luck, Chloe!

Have a great week, everyone.

Regards
Glynis Lugnan
Principal
Wheelbarrow Wednesday

Pumpkins for sale Wednesday 17th July
Available after 3pm outside office
Prices $1.00 - $3.00
Come and buy some of our delicious home grown produce!!

Helpers Needed
Alma P&C are holding a hot food stall at the Barrier Netball carnival on 23rd – 25th July from 8:30 to 2:00pm.
Anyone who can spare an hour or two to help serve would be greatly appreciated.
Please contact the school office or any member of the Alma P&C if you are available to help

Mufti Day TOMORROW Wednesday 17th July
Alma is having a Mufti day tomorrow. A gold coin donation is required to come to school out of uniform. All funds raised will assist Chloe Reeves to represent us at Sydney at the cross country. Thank you for your support!

EXCURSIONS
Stage 2: Next instalment due: $50.00 Friday 19th July 2013
Stage 3: Next instalment due: $100.00 Friday 19th July 2013

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Term 3 Important Events

July
Wednesday 17th Mufti Day
Monday 22nd Flag Raising Ceremony
Wednesday 24th Choral festival rehearsal
Tuesday 31st NAIDOC day

August
Thursday 1st Choral festival
Friday 2nd NAIDOC major assembly
Wednesday 21st School Photographs

September

Students are reminded to put ALL RUBBISH in the bins provided.
Help to keep our school and play area clean & tidy for everyone to enjoy.

NAIDOC Week celebrations are being held at Alma Public School on Wednesday 31st July (Week 3, Term 3).
Barrier Schools Choral Festival

REHEARSAL will be held on
WEDNESDAY 24th July

Thursday 1st August 2013

Broken Hill Civic Centre
11:30am Morning Session 1:00pm Afternoon Session

Tickets: Adults $5
Children and Pensioners $2
Morning tea and lunch available

Please ensure your child comes to school each day dressed in their school uniform.

Jeans are NOT part of the school uniform

School Canteen Reminder

ALL LUNCHES MUST BE ORDERED BEFORE 9.00AM

Your assistance in this matter would be greatly appreciated
Dear Parents and Carers,

Crunch & Sip®

We are 4 dietetics honours students from the University of Sydney delighted to be working with Alma Public School, the University Department of Rural Health and the Healthy Children's Initiative to implement the Crunch & Sip program at the school, starting on Monday of Week 2 of this term.

Crunch & Sip is an extension of the 'Fruit Break' program already present in K-2. It is a break in class for pupils to refuel with cut-up vegetables or fruit and rehydrate with water.

Our school is committed to improving children's health through education and by supporting the Department of Health's Crunch & Sip® initiative.

Crunch & Sip® is a set break for students to eat fresh fruit or salad vegetables and drink water in the classroom.

We invite you to support your child to participate in Crunch & Sip® by providing a clean water bottle to sit on the desk and a piece of fruit or vegetable each day for Crunch & Sip®.

Research has shown that drinking water and eating fruit and vegetables is essential for good health and can help concentration throughout the day.

Crunch & Sip® will start at our school on Monday the 22nd July. Please remember to send suitable fruit/vegetable and a small clear plastic water bottle.

Please find enclosed an information brochure for further information. You may also like to visit the Crunch & Sip® website at: www.crunchandsip.com.au

We look forward to meeting you all over the next 5 weeks!
Jaimee Moyle, Derek Mulhearn, Sarah Thompson and Kimberly Watton.

UNIFORM SHOP

G Block – Ground Floor
Opening Hours
Monday 2:30pm – 3:15pm Thursday 2:30pm – 3:15pm

New Uniforms

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Polo Shirts – Red, White</td>
<td>$15.00</td>
</tr>
<tr>
<td>Windcheaters</td>
<td>$26.00</td>
</tr>
<tr>
<td>Hats</td>
<td>$ 8.00</td>
</tr>
<tr>
<td>Tracksuit pants</td>
<td>$15.00</td>
</tr>
<tr>
<td>Sport Shorts</td>
<td>$15.00</td>
</tr>
<tr>
<td>Checked Shorts (If available)</td>
<td>$26.00</td>
</tr>
<tr>
<td>Checked Pants (If available)</td>
<td>$36.00</td>
</tr>
</tbody>
</table>

The P & C also offers pre-loved uniforms. If you have uniforms that your child no longer requires, the P & C would be grateful for any donations.

Pre-loved uniforms may be taken directly to the uniform shop during trading hours or handed in at the front office.

Pre Loved Uniforms

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Checked Pants</td>
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</tr>
<tr>
<td>Jackets</td>
<td>$3.00</td>
</tr>
<tr>
<td>All other items</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

Alma Soccer Club

PLAYERS WANTED

We are a family-friendly based club who appreciate such things as sportsmanship, fitness and socialisation.

Junior Training
Located at Alma Oval from 4-5pm Wednesdays
(Under 6’s, 7’s, 8’s and 10’s)

Senior Training
Located at BH Soccer Grounds
5-6.30pm (Under 12’s and 14’s)
6-8pm (Colts, A-Grade, B-Grade and Women’s)

Phone David Hurley (Club President) for more details on 0401 670 999

Alma

A logo and a cartoon image of a sheep are visible.